Amherst Youth <u>Recreation</u>

OCTOBER - DECEMBER 2015

The Family Room is a play/learning environment for children ages birth-five, with their parents or caregivers. We provide a clean, safe, and fun educational play area where children are encouraged to explore, experience, and engage.

To make it fun for all, please remember the following tools for the program...

• It is your responsibility to "parent" your child

Please supervise and encourage your child to play safely and appropriately with toys and other children.

* We are an "ALLERGY AWARE" program

Please keep all food and beverages in designated eating areas.

Hand sanitizers are readily available.

Please use them upon entering or after eating/drinking.

*Sick children and caregivers... please stay home!

Keep germs away and let's play on a healthy day!

- Please put all toys that have been drooled on or in a child's mouth in the disinfecting baskets!
- * All coats and strollers must be placed on the hooks or in the coat room

Please keep all personal belongings on you. We are not responsible for lost or missing items.

Changing tables are provided

Please do not change your child anywhere else in the facility

* Let's keep it fun for EVERYONE!

Clean up after yourself and put toys back in their proper centers.

It's a part of the learning process!

• <u>The Family Room no longer accepts</u> <u>CASH for program fees</u>

We will gladly accept check, money order, or credit/debit cards for payment.

 Please remember to sign up for ALL field trips and special events in order to participate!

THANK YOU FOR YOUR COOPERATION
IN FOLLOWING AND HELPING TO
MAINTAIN THESE VALUABLE TOOLS:



It's cooler outside and the "coolest" place to go is THE FAMILY ROOM with more open door hours! We have lots of play time to offer including plenty of learning time too with our PLAYGROUPS for preregistered participants.

Pass this info along to your friends and family, and, don't forget, The Family Room is open to ALL families in WNY with children birth to 5 years of age.

ALWAYS check your calendar for field trips, special events, and room closings. Calendars are also available online at www.amherst.ny.us keyword FAMILY ROOM.

OPEN DOOR HOURS

Monday & Friday

9:30-11:30 am Harlem Road 12:30-2:30 pm Northtown Ctr.

Wednesday

9:30-11:30 am Northtown Ctr. 12:30-2:30 pm Harlem Road

Saturday

10:00-12:00 pm Northtown Ctr.
*BEGINNING OCTOBER 17th

PLAYGROUPS

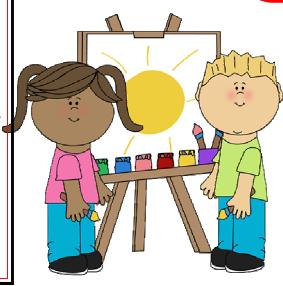
"Toddler 101"

Tuesday @ Harlem Road 10:00-11:30 am 18 mos.-3 yrs. 12:30-2:30 pm 3-5 yrs.

"Fit Kids"

Thursday @ Northtown 10:00-11:30 am 18 mos.-5 yrs

Playgroups are for registered participants. Please note the registration dates on your calendar.



CONTACT INFORMATION:

Kristen M. Norton Mary Beth Hopkins

CALL US:

Harlem Road 631-7218 Northtown Ctr 631-7298

EMAIL US:

knorton@amherst.ny.us mhopkins@amherst.ny.us



PAGE - FRIENDS OF THE FAMILY ROOM

Field Trip Tips!

We have many, exciting special events, fun-filled field trips and activities that highlight our fall months!

PRE-REGISTRATION IS REQUIRED FOR PARTICIPATION!

Please note that The Family Rooms are <u>CLOSED</u> on field trip days and special events. Check your attached calendars for all the upcoming fun, but for more specific information on our field trips, <u>please read all about it!</u>

The Great Pumpkin Farm -Friday, October 16th 10:30 am; Main Street Clarence

It's pumpkin pickin' time! Join us for hayride to the pumpkin patch where EVERYONE gets to pick a pumpkin. Haymaze, chicken cluck show and farm friends round out the day! NO MIDWAY OR RIDES to contend with...just fall fun with friends!

Annual Halloween Costume Party - Wednesday, October 28th 11:00 am - Harlem Road "Big Room"

Our annual Halloween party can't be beat! Kids come in costume and will make a treat bag, sit down for a "spooky" sing-a-long then TRICK OR TREAT in the building! Pizza and potluck lunch to follow. So much fun for EVERYONE!

<u>Clay Hands Pottery -</u> <u>Friday, November 20th 10:30 am</u> 10086 Main Street Clarence

The best gift you can give is one made with love. Pick a piece of pottery and let your children's hands create a piece of art that will always be cherished. A great HOLIDAY gift idea for that family member who has everything!

Holiday Party - Friday, December 18th 11:00 am - Northtown "Big Room"

A holiday celebration for ALL! We will sing songs, create crafts and dine together on pizza and potluck lunch. The event wouldn't be complete without sweet treats and a visit from Santa Claus too! A wonderful way to gather before the Holiday Break!

FALL PLAYGROUPS!

"Toddler 101"

The Family Room offers "Toddler 101" for children 18 months - 3 years at Harlem Road on Tuesdays from 10 - 11:30 am. Children 3-5 years of age meet from 12:30 - 2:30 pm. Your child will learn from many themes introduced each six week session through songs, music and movement, stories and arts & crafts. All that learning with YOU by their side! The next session's theme will be "CRAFTY KIDS" beginning on Tuesday, November 10th.

You MUST PRE-REGISTER to participate.

REGISTRATION WILL BE HELD ON TUESDAY, OCTOBER 27th JUST CALL 631-7218

"Fit Kids"

"Fit Kids is essential for the child with lots of ENERGY!
"Big Room" fun and structured gross-motor activities round out this musical, physical and recreational playgroup for children 18 months to 5 years, offered on Thursdays at the Northtown Center from 10 - 11:30 am. This session will be 8 weeks beginning on Thursday, October 1st through November 19th.

You <u>MUST BE PRE-REGISTERED</u> to participate.

VOLUNTEERS NEEDED TO CLEAN

The cold and flu season is coming!
We need <u>YOU</u> to volunteer to disinfect toys.

PLEASE REMEMBER, WE REQUIRE EACH MEMBER TO DISINFECT TOYS AT LEAST ONCE DURING THEIR MEMBERSHIP!

Please fulfill your membership commitment. It only takes a couple of hours but gives us all the reassurance that our kids are playing in a safe and clean environment.

*Check your calendar for dates and times and email
Miss Kristen when you are available at

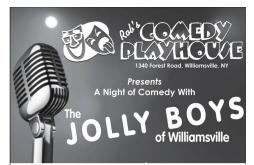


COMMUNITY CORNER!



In honor of our 100th Anniversary we will have \$1 Admission and 50 cent ride tokens (including the Kiddieland Testing Park if weather permits). In honor of our 100th Anniversary we will have \$1 Admission and 50 cent ride tokens (including the Kiddieland Testing Park if weather permits).

http://fun4kidsinbuffalo.com



October 9, 2015

To Benefit Amherst Youth & Recreation



- Includes two drinks*
 *well drinks, drafts, wine, pop or coffee
- Additional food and drink available
 - Doors open at 6:30pm
 - Show starts at 8:00pm

716-818-2684



Family – Get 5K'd!

Class Description: Want to become a runner? Would you like to become more active as a family? Then this group is for you! This six-week running program is for beginner adult runners and their kids! It is one that uses walk/run to slowly, yet effectively get you ready to run a 5K race (3.1 miles) in six short weeks. The coach will discuss topics such as proper breathing techniques, stretching, what to look for in a running



shoe, nutrition, and more! Families very quickly form a bond with one another as they work toward a common goal...finishing a 5K race! This group meets twice per week and is a great way to get in shape, have fun, and bond as a family.

When: Monday evenings 6:15pm-7:45pm &
Saturday mornings, 9:30am – 11:00am
Beginning October 5, 2015 – November 14, 2015

Where: Meet at Amherst Bike Path on North Forest near tennis courts

Cost per family: \$99

To register, visit www.amherstyouthandrec.org

Participants will be invited to join in a family friendly 5k race on November 14 (separate registration will be required).

For more information, please contact Melissa Panzarella, Mel's Mobile Fitness at 984-6025.



The Family Room will be your favorite party place! Children can ride, romp, & play in our large, safe and age appropriate center. The "BIG ROOM" is available for children celebrating birthdays up to age 5, complete with ride-on toys, foam climbing equipment and toddler sized bounce house! Table and chairs are provided for seating and eating (up to 40) and you can bring in or have delivered, your own food!

Why try to fit your family and friends into your house when you can invite them to the Family Room and let someone else do the clean-up for you! Party packages are available for 2-3 hours and as a Family Room member, you will receive a special discount!

Be sure to book early as dates fill up fast! Call today @ 631-7218 and we'll make sure you have the best party ever!

NEW FREND!

Meet our new classroom friend, AMIGO! He is a bearded dragon who is as friendly as his Spanish name. Come and see him in his habitat at The Northtown Center! You can see Amigo in action as he eats, drinks, plays and poops! Amigo will be happy to greet you and teach you a new language. He will introduce a Word of the Week in Spanish starting with COLORS!







BABY WIPES
DISINFECTING WIPES
HAND SANITZER
KLEENEX
BATTERIES (C, AA & AAA)
MAGIC ERASER
SPONGES
ZIPLOCK BAGS (sandwich, gallon & quart)